

Welcome to...

# E-Safety for parents



ECP  
Education Child Protection

Education Child Protection Ltd.





www.ceop.police.uk    www.thinkuknow.co.uk


Child Exploitation Online Protection Centre





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## When should I report to CEOP...?

If you are being asked to do something that makes you feel uncomfortable 

If someone is being insistent on meeting up 


Maybe inappropriate chat messages you are receiving 

Someone acted aggressively or threatened you online, or another child you know 



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There are education programs for all primary and secondary year groups, including age-appropriate films to show the children.



'Animal Magic'    'Jigsaw'    'Exposed'

2-8 yr olds    8-11 yr olds    11-18 yr olds

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## Welcome to CEOP's Thinkuknow

Come in to find the latest information on the sites you like to visit, mobiles and new technology. Find out what's good, what's not and what you can do about it. If you look after young people there's an area for you too - with resources you can use in the classroom or at home. Most importantly, there's also a place which anyone can use to report if they feel uncomfortable or worried about someone they are chatting to online. All the information here is brought to you by the team at the [NSA's CEOP command](#). We hope you like it!

Are you...

- 5-7?
- 8-10?
- 11-13?
- 14+?
- Parent/Carer?
- Teacher/Trainer?


Watch **Five-a-Million**

Ever posted something you regret? Find out how to get help when things go too far. You choose what happens in this interactive film!




Advice... Help... Report...

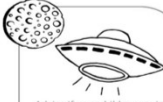
## Parent and Carer





Welcome to CEOP's Thinkuknow for Parents and Carers

- Home
- Primary
- Secondary
- Advice for carers
- The Parents' and Carers' Guide
- Keeping up with the Joneses
- Video



 Advice if your children are in Primary Education

 Advice if your children are in Secondary Education

**THE PARENTS' AND CARERS' GUIDE TO THE INTERNET** 

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**EDUCATING CHILDREN**

Keeping ourselves safe...Rofl says...



**SHARE SAFE**

Keep your personal information personal!

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Never give out your **Top Secrets**

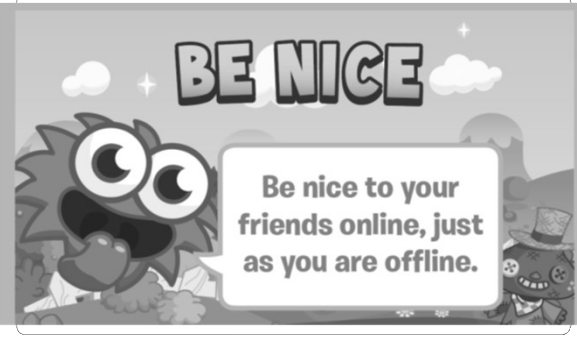


**Name**      **Age**

**Address**      **School**

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Keeping ourselves safe...lggy says...



**BE NICE**

Be nice to your friends online, just as you are offline.

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Keeping ourselves safe...Splatter says...



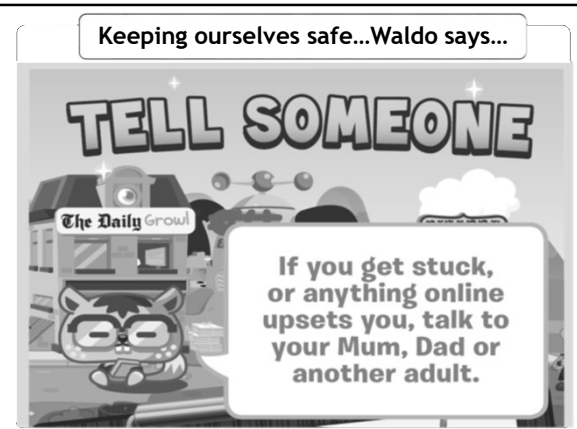
**REAL FRIENDS**

It's easy to draw a picture of an offline friend, but you don't always know who an online friend is.

Always talk to your parents about friends you meet online.

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Keeping ourselves safe...Waldo says...



**TELL SOMEONE**

If you get stuck, or anything online upsets you, talk to your Mum, Dad or another adult.

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Keeping ourselves safe...Gaby says...

# ASK FIRST

**Check with your parents before you download anything new.**

Some apps and games may cost money, or may not be good for you, your computer, or your phone.

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# CHILDREN'S ONLINE WORLD

CEOP

## Online Games...



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Which of these don't let you talk to strangers...?

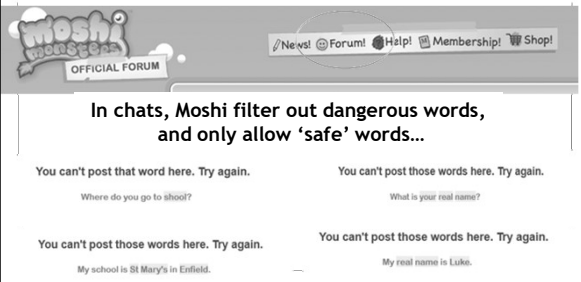


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If we look at Moshi Monsters.....

They give the child's monster character a name, so there are no dangers with usernames

They have no direct chat, but the forums are very popular, especially as children get older...








**In chats, Moshi filter out dangerous words, and only allow 'safe' words...**

You can't post that word here. Try again.      You can't post those words here. Try again.  
 Where do you go to school?      What is your real name?

You can't post those words here. Try again.      You can't post those words here. Try again.  
 My school is St Mary's in Enfield.      My real name is Luke.


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## Chat

 <p><b>WhatsApp</b></p> <p>WhatsApp is an instant messaging app, which lets you send <b>instant messages, images and videos</b> to friends.</p>	 <p><b>Viber</b></p> <p>Viber lets you <b>text, call, share photos and send video messages</b> to people worldwide.</p>	 <p><b>Oovoo</b></p> <p>Oovoo is a video chat app. It lets you <b>make video calls, voice calls and send text messages</b>. You can <b>webcam up to 12 people</b> at once.</p>	 <p><b>Tango</b></p> <p>Tango is an app which allows you to <b>make voice calls and video calls, and have group chats</b>.</p>	 <p><b>BBM</b></p> <p>Blackberry's BBM is an <b>instant messaging</b> app. You have your own 4 digit PIN and other people can only add you using this number.</p>
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## Chat (2)




**Kik**

Kik is an instant messaging app which lets you share messages, photos, games and news, or organise events.




**Messenger**

Messenger is an app which allows users to communicate with their friends from their Facebook account or phonebook.




**Wiper**

Wiper is a free messaging service. Texting you can erase from your friends' phones, plus encrypted messages



**Hangouts**

Google Hangouts is a platform by Google which includes instant messaging, video chat and SMS features.




**IMO**

Message and video chat with your friends and family for free, no matter what device they are on


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## Video




**Skype**

Skype is a computer programme and app, which lets you make audio and video calls to friends and family.




**Vine**

Vine is an app that lets you share 6 second videos that play on a loop. You can repost videos and leave comments.



**Omegle**

Talk to Strangers! Omegle randomly connects you to another person who's on the site, and lets you talk to them in a one-to-one video chat.




**Facetime**

Facetime is video calls over Wi-Fi from your iPhone, iPad, iPod touch or Mac. You can even make FaceTime calls over mobile networks on iPhone or iPad


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## Video (Music)




**Dubsmash**

Dubsmash is a mobile app where users can choose an audio recording or soundbite from movies, shows, music, and internet trends and record a video of themselves dubbing over that piece of audio.




**Video Star**

Video Star is a great app for teens who want to create original music videos.



**Triller**

Triller is a music video maker app for iPhone. Pick a song, select the portion of the song you want to use, snap a few takes, and with the tap of a button you have a celebrity-quality music video




**Musical.ly**

Musical.ly is a video community that allows you to create, share, and discover short videos.

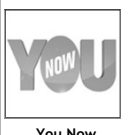
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## Video (Live Streaming)



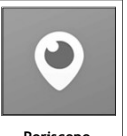
**Twitch**

Twitch is a live video game website. You can watch playbacks of games being played by other people. You can also live stream your own games, and chat to other gamers.




**You Now**

On You Now you can tap 'Go Live' and you're on! Broadcast to a live audience, expand your social media following, comment on videos and buy virtual gifts



**Periscope**

Owned by Twitter, Periscope is a live video streaming app. Allows you to send direct live video feeds to your Twitter followers




**Meerkat**

Meerkat is a live-streaming app where streams are pushed to followers in real time via push notifications. Everything is live. Offers a leaderboard


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## Social Networks



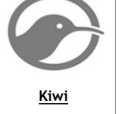
**Facebook**

Facebook is the biggest social network, which lets users create a page about themselves.




**Tumblr**

Tumblr is a social networking site and blogging site that lets you share text, photos, quotes, audio clips and videos.



**Kiwi**

Kiwi is a fast and easy way to ask your friends interesting questions and find out what they think.

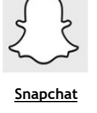


**Twitter**

Twitter is a social network messaging service that lets you send public message called 'tweets'.

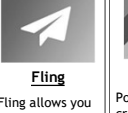
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## Social Networks (Pictures)



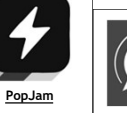
**Snapchat**

Snapchat is an app that lets you send a photo or short video to your friends. The 'snap' appears on screen for a matter of seconds before disappearing



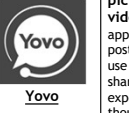
**Fling**

Fling allows you to meet new people around the world. With Fling, your photos, videos and text send to 50-500 people's feeds.




**PopJam**

PopJam is a creative website for children and young people. You can share drawings, photos and audio messages with friends and other people.



**Yovo**

Yovo is a way to create a story using live shots or photos from your library. Then after 48 hours it simply disappears forever.



**Instagram**

Instagram is a picture and video sharing app. Users can post content and use hashtags to share experiences, thoughts or memories with an online community.

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**ASK.fm**

**Anonymous**

**Ask.fm**  
Ask.fm is a social networking site where you can ask other people questions. It's up to you whether you want to ask the question anonymously or not.

**Whisper**  
Whisper is a social network where you can remain anonymous, publish text and receive replies from other people. It also allows you to communicate with others through private messages.

**Secret**  
Secret is a social networking app where you can post content or content anonymously.

**Yik Yak**  
Yik Yak is an online bulletin board. It uses the GPS settings on your mobile phone or tablet to find your location and show you the most recent posts from other people around you.

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**Online Dating**

**Tinder**  
Tinder is a dating app, which has two separate communities - one for adults (18+) and one for young people aged 13-17. You're shown other people's profile pictures and you swipe left for 'no' or right for 'yes'.

**MeetMe**  
MeetMe is a social network and dating site which allows users to meet and communicate with other people worldwide.

**Snog**  
Snog is a teen dating site that lets you rate other people's profiles as snog, marry or avoid. You can also send private messages.

**MyLOL**  
MyLOL is a dating site for teenagers aged 13-20, but some users are up to 25 years old. Like an adult dating site, you can view other people's profiles and search for others based on their age, gender and location.

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**Secret Folders**

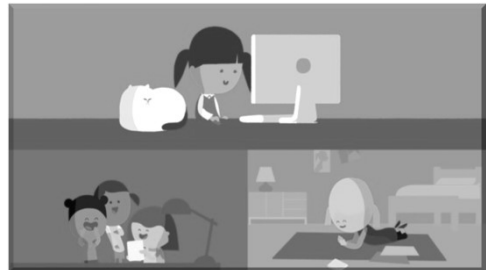
**Calculator%**  
Calculator% hides private photos and videos behind a calculator. Anyone who starts this application looks as a calculator but if you put in passcode it will open up private area.

**Private Photo Vault**  
Private Photo Vault locks your photos and videos behind a pin. Keeps your photos etc. hidden from others.

**Secret Folder App**  
Secret Folder App helps you to protect your photos and videos in a secure place with a very discreet lock type. No one can enter except those who know the passcode.

**Piano**  
Secret Piano hides photos, videos, passwords, notes, audios, locations and secret messages behind a real piano. The app will capture photo and video of intruders if they attempt to access it.

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**CYBERBULLYING**

**cyberbullying**

Cyberbullying is when someone bullies others over the internet or on a mobile phone by sending abusive emails or texts directly or by posting nasty comments or humiliating images for others to see. Like any form of bullying, cyberbullying can be horrible for the children involved and hard for them to talk about.

- 24 hours a day, 7 days a week, 365 days a year
- No safe place, hard to escape
- Doesn't empathise with victim
- Bully can be anonymous
- Easily shared with an audience and has the ability to go viral in seconds

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**cyberbullying**

**What should I do if my child is being bullied online?**

- Stay calm
- Listen without judging
- Tell them you can help
- Praise them for talking to you
- Keep the evidence
- Block the bullies
- Ask them not to reply
- Report information to your child's school.

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Child Exploitation Online Protection Centre (CEOP)

**How do offenders engage youngsters?  
- by using the sites that they use....**

**Often posing as  
a child of the same age / gender.**  
They will often purposefully present a very similar profile as the child.  
They are skilled at manipulating them into criminal sexual relationships

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Online grooming: The five stages

**Friendship**

**Flattering a child**  
into talking in a private chatroom/game where they will be isolated  
The child will often be asked for a **non-sexual** picture of themselves

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Online grooming: The five stages

**Forming a relationship**

**Gaining information**  
asking the child what problems /needs they have to create the illusion of being their best friend and that they can help  
They begin to fill the needs of the child

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Online grooming: The five stages

**Risk assessment**

Asking the child about **the location of their computer/tablet and who else has access to it**  
in order to assess the risk of being detected. The desire is to **create situations where they are alone together**  
to help reinforce a **special connection**

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Online grooming: The five stages

**Exclusivity**

Building up a sense of **mutual love and trust with the child**  
suggesting that they can discuss "anything"

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Online grooming: The five stages

**Sex talk / Meet**

Engaging the child in explicit conversations & requesting sexually explicit pictures from them

Or the predator will try to **arrange a meeting with the child**

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**SEXTING**

Children who post or send indecent images of themselves online are very easily blackmailed / exploited - as young as **eight years old**

**40%**  
13-18 yr olds admitted to **SEXTING**



**60%**  
13-18 yr olds admitted to **seeing images of others**

Do pictures sent via snapchat always disappear after a short amount of time....?

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CEOP Snapchat Apps....

Snap Save for Snapchat Justin Knag FREE	Snap-Hack™ For Snapchat Yiyi Sun £1.49
Snap Saver for Snapchat Tally Tarik FREE	Snapkeep for Snapchat - Save... Harry Gulliford FREE
SnapBox - a snaphack for... Mobile Bros FREE	Snap Save Free for Snapchat... Yong Peng FREE
SnapGrab Pro - Screenshot s... DaLin Chen FREE	SnapCrack Free for Snap... XIANGHUA YI FREE

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Kids 'sext' to....  
show off  
to entice someone  
to show interest in someone  
to prove commitment

By creating, sending or possessing indecent pictures of a person **under 18** you are **breaking the law**

(Protection of Children Act 1978 / Criminal Justice Act 1988) ...

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BBC NEWS

UK - England - N. Ireland - Scotland - Alba - Wales - Cymru

**Sexting boy's naked selfie recorded as crime by police**

3 September 2015

A boy who sent a naked photograph of himself to a girl at school has had the crime of making and distributing indecent images recorded against him by police, the BBC has learnt.

The boy, aged 14, who was not arrested or charged, could have his name stored on a police database for 10 years.

Police have only recently started filing crime reports about sexting...

If school choose to take an incident to the police, then officers must record the crime.

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**Language Children Use Online..**

**ASL?** 'Age, Sex, Location'

**POS or PIR** 'Parent over Shoulder' or 'Parent in Room'

**IRL or LMIRL** 'In Real Life' or 'Let's Meet in Real Life'

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**Helpful sites for Parents & Carers**

NSPCC NetAware))) [www.net-aware.org.uk](http://www.net-aware.org.uk)

**Your guide to the social networks your kids use**  
Stay up to date and keep your child safe in today's digital world

Search for a site, game or app to find out more (e.g. Facebook) | Explore other networks (All networks A-Z | Most popular)

Allows parents and carers to search for apps, games and sites if they have a concern or need more information

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**Making things safer....**

BT | Sky | Virgin media | TalkTalk

**Parental Controls**  
Because of INTERNET dangers, parents must take the initiative to protect their children.

XBOX ONE | PS4

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**Making things safer....**

Net Nanny | McAfee An Intel Company Parental Controls

These will allow you to prevent children from accessing certain sites - but they are not a completely full-proof system

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**Making things safer....**

Mobile inder | Screen Time

TalkTalk MobileSafe™ protects you, your phone and your family for free

MMGuardian | curbi

Parental controls for tablets / smartphones are available too - as always, try them and see which works best for you and your family



### Making things safer....

**Family Sharing**

Family Sharing is the easy way to share what's important with members of your family.

**Get Started**

- Share purchased music, movies, books, and eligible apps.
- Share photos and videos in a family photo stream.
- Share your location with family members.
- Schedule events on the family calendar.
- Help family members find their missing devices.

**Family Setup**

As the Family organizer, you will invite family members and agree to pay for iTunes, iBooks, and App Store purchases they initiate.

Kyli Singh

**Continue**

### Parents ... making things safer....

- Manage up to 10 devices
- Management on 2 devices
- Block, grant and schedule access to the internet / certain apps
- Free!

**OurPact**

Download on the **App Store**

ANDROID APP ON **Google play**

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### Making things safer....

**Google**

Search Settings

Search results

**SafeSearch filters**

Languages

Location  Filter explicit results. Lock SafeSearch

Help

### Making things safer....

**YouTube**  
Broadcast Yourself™

Step 1 - Go to safety preferences

Safety: Off

Simply go to the bottom of any page on YouTube™ and click the grey 'Safety' button to open the preference setting.

Step 2 - Turn Safety Mode 'on' or 'off'

While it's not 100% safe, you can turn Safety Mode 'On' or 'Off'.

Choose to turn Safety Mode 'on' or 'off' and click on Save. If you turn it on and you have a YouTube™/Google account, you can sign in to your account and lock Safety Mode so that no-one else can change the settings whenever YouTube™ is accessed from that browser.

### Making things safer....

**XBOX LIVE**

Step 2 - Decide what you want to control

**Content Controls**

On

Off

Settings and Content

Family Timer

Xbox LIVE Access

Xbox LIVE Membership Creation

Change Pass Code

Reset to Default Settings

Save and Exit

**Current Settings**

Game Rating: T

Movie Rating: PG-13

TV Rating: TV-14

Explicit Content: Blocked

Unrated Content: Blocked

Restrict games, movies, and TV shows by rating, content, game permissions, and decide whether unrated or explicit content can be played on this console.

**Ratings and content**

These settings let you restrict games and video content based on the content's rating. You can also set whether or not unrated or explicit content can be played on this console. You can even set up exceptions for individual games that are outside of the rating restrictions you have set.

**Family Timer**

This setting allows you to limit the time that your console can be used on a daily or weekly basis.

**Xbox LIVE access**

This setting allows you to decide if your family can connect to Xbox LIVE from this console. Membership of Xbox LIVE enables you to do things like rent films and play games against other people online.

### Making things safer....

**PlayStation**

**Restrict game content**

- 1 Go to 'Settings' then scroll to 'Security Settings'.
- 2 The default password is 0000 but you can change this under the 'Change Password' option by following the on-screen instructions.
- 3 Select 'Parental Controls'; enter your password.
- 4 You can now choose the game content you're comfortable letting your family access. The lower the number, the stricter the settings:
  - 2 - Early Childhood
  - 3 - Everyone
  - 4 - Everyone 10 and up
  - 5 - Teen
  - 9 - Mature
  - 10 - Adults Only
- 5 From 'Parental Controls' you can also block access to online play by toggling 'Internet Browser Start Control' to 'On'.

**Settings**

- User's Guide
- Data Handling/He
- PSN™
- Notifications
- Login Settings
- Parental Controls**
- Application Saved Data Management
- System Storage Management
- System Software Update

**Simple checklist for parents:**

I have visited [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) with my child  
(I have bookmarked the CEOP website and told my child  
what is there)

Open and honest dialogue - show an interest and learn  
about what your child does online

Phone chargers / Wi-Fi - staying in control!

Advertise yourself as one of the people your child can turn  
to - without being chastised...

Education is better than saying to your child  
“you are not doing this anymore...”

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