

Welcome to...

E-Safety for parents

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Education Child Protection Ltd.



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“When we change how we **communicate**, we change **society**”
(Clay Shirky)

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There are 7.1 billion people on the planet, ...there are 7.4 billion active mobile phones

1.4 billion profiles worldwide
300m photos uploaded every day 

770 million users worldwide
1 billion tweets every two days 

300 hours of video posted every minute
4 billion videos watched every day 

500 million users worldwide
34 billion messages sent every day 

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www.ceop.police.uk www.thinkuknow.co.uk

Child Exploitation Online Protection Centre



CEOP receives on average **50** reports a day

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When should I report to CEOP...?

- If you are being asked to **do something** that makes you **feel uncomfortable** 
- If someone is being insistent on **meeting up** 
- Maybe **inappropriate chat** messages you are receiving 
- Someone acted **aggressively** or **threatened you** online, or another child you know 



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There are **education programs** for all primary and secondary year groups, including **age-appropriate films** to show the children.

- ‘Animal Magic’**
2-8 yr olds
- ‘Jigsaw’**
8-11 yr olds
- ‘Exposed’**
11-18 yr olds

UK average age - first mobile phone : 9 years
81% of UK's teenagers own a smartphone

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THINK UP KNOW

Welcome to CEOP's Thinkuknow

Come in to find the latest information on the sites you like to visit, mobile and new technology. Find out what's going on, what's not and what you can do about it. If you have other young people there's an area for you too... with resources you can use in the classroom or at home. Most importantly, there's also a place where anyone can use to report if they feel uncomfortable or worried about someone they are chatting to online. All the information here is brought to you by the team at the [NSPCC CEOP Centre](#). We hope you like it!

Are you...

5-7?	8-10?	Parent/Carer?
11-13?	14+?	Teacher/Trainer?

Don't report something you report first out. Please be safe and don't tell anyone else about what you've reported. You can always report again if you're not sure.

REPORT ABUSE

Keeping ourselves safe...Rofl says...

SHARE SAFE

Keep your personal information personal!

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Never give out your Top Secrets

Name

Age

Address

School

TOP SECRET

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Keeping ourselves safe...lggy says...

BE NICE

Be nice to your friends online, just as you are offline.

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Keeping ourselves safe...Splatter says...

REAL FRIENDS

It's easy to draw a picture of an offline friend, but you don't always know who an online friend is.

Always talk to your parents about friends you meet online.

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Keeping ourselves safe...Waldo says...

TELL SOMEONE

If you get stuck, or anything online upsets you, talk to your Mum, Dad or another adult.

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Keeping ourselves safe...Gaby says...

ASK FIRST

Check with your parents before you download anything new.

Some apps and games may cost money, or may not be good for you, your computer, or your phone.

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What else do CEOP say...?

- "We are police officers. We take all of this very seriously".
- "Best to use your parent's email address if you sign up for something new".
- "Don't tell people who you are - use a fun nickname instead".
- "If someone or something makes your tummy feel funny, tell an adult you trust, or CEOP....".

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THINK U KNOW

HELLO

If you're between 8 and 10, you probably know a lot about using the internet.

We've created this area for you to share your what we think is good, look at what's not and show us when you can get yourself out of bad situations.

If you know something we don't, or you want to get involved in helping to make our website better, take a minute to fill in one of our [surveys](#).

PLAY GAMES

GIVE US A HAND! HELP IN OUR SURVEY...

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Parent and Carer

Welcome to CEOP's Thinkknow for Parents and Carers!

CLICK CEOP Internet Safety

Adapted for your children and in: **Primary Education** and **Secondary Education**

THE PARENTS' AND CARERS GUIDE TO THE INTERNET

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Favourite sites

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If we look at Moshi Monsters....

They don't let children use **real names**, and **parent's email** must be used at all times...

They have no direct chat, but **the forums are very popular**, especially as children get older...

MOSHI MONSTERS OFFICIAL FORUM

In chats, Moshi Monsters not only use a **'blacklist'**, but a **'whitelist'**...

You can't post that word here. Try again.

You can't post those words here. Try again.

You can't post those words here. Try again.

You can't post those words here. Try again.

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Chat

Chat

Skype
 Microsoft's free VoIP service for instant messaging, voice and video calls. It also offers a free address book.

WhatsApp
 It allows you to send messages, photos, videos, voice recordings, and voice messages to other people.

Viber
 Viber lets you send free messages, photos and voice recordings to people worldwide.

V
 Viber lets you send free messages, photos and voice recordings to people worldwide.

T
 Tango lets you send free messages, photos and voice recordings to people worldwide.

Other
 Other messaging apps include WhatsApp, Viber, and many others.

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Chat (2)

kik
 Kik is a free instant messaging app which is available for free on both Android and iOS.

WhatsApp
 WhatsApp is a free messaging app that allows you to send text messages, photos, videos, voice recordings, and voice messages to other people.

Wow Chat
 Wow Chat is a free instant messaging app that allows you to send text messages, photos, videos, voice recordings, and voice messages to other people.

Wiper
 Wiper is a free messaging service. Texting you can create from your friends' phones, plus encrypted messages.

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Video

Omigod! Talk to Strangers
 Omigod! Talk to Strangers is a free app that allows you to chat with strangers via video.

Chatroulette
 Chatroulette is a free website that allows you to chat with strangers via video.

Kik
 Kik is a free instant messaging app which is available for free on both Android and iOS.

Skype
 Skype is a free VoIP service for instant messaging, voice and video calls. It also offers a free address book.

Viber
 Viber is a free messaging app that allows you to send text messages, photos, videos, voice recordings, and voice messages to other people.

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Live Streaming

Twitch
 Twitch is a live video game website. You can watch playbacks of games being played by other people. You can also live stream your own games, and chat to other gamers.

You Now
 Tap "Go Live" and you're on! Broadcast to a live audience, expand your social media following, comment on videos and buy virtual gifts.

Periscope
 Periscope is a live video streaming app. Allows you to send direct live video feeds to your Twitter followers.

Meerkat
 Meerkat is a live-streaming app where streams are pushed to followers in real time via push notifications. Everything is live. Offers a leader-board.

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Social Networks

Twitter
 Twitter is a social networking site that allows you to send short messages called tweets.

Facebook
 Facebook is a social networking site that allows you to send messages and photos to other people.

Skout
 Skout is a free app that allows you to find other people nearby.

MeetMe
 MeetMe is a free app that allows you to find other people nearby.

Tumblr
 Tumblr is a free app that allows you to share photos and videos with other people.

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Pictures



Snapchat
Snapchat is an app that lets you send a photo or short video to your friends.



PopJam
PopJam is a creative website where you can share drawings, photos and write messages.



Instagram
Instagram is a picture and video sharing app. Users can post content and use hashtags to share with others.

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Anonymous



Ask.fm
ASK.FM is a website you can use to ask questions and get answers from people online.



Whisper
WHISPER is a social media site where you can share secrets and secrets published are hidden by other people.



Secret-Be-Curious
SECRET-BE-CURIOUS is a social media site where you can share secrets and secrets published are hidden by other people.



Yik Yak
YIK YAK is a social media site where you can share secrets and secrets published are hidden by other people.

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Secret Folders



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Online sexual abuse is commonly conducted via webcams, instant messenger applications (such as Skype) and social networking sites



A children's charity carried out a sting, posing on video chat rooms as "Sweetie", a 10-year-old Filipino girl. Some 20,000 men contacted her, with 1,000 found to have offered her money. The names of these men - including 110 Britons - were passed to police.

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Not just girls who are targeted - boys can be criminally victimised online, too.

Research suggests that **a quarter of victims** online are **boys**.

Let's have a look at **A video clip from C.E.O.P. which illustrates the vulnerability of children on the internet...**

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How do offenders engage youngsters? - by using the sites that they use....





Often posing as a child of the same age / gender.

They will often purposefully present a very similar **profile** as the child.

They are skilled at manipulating them into **criminal sexual relationships**

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Online grooming: The five stages

1

Friendship

Flattering a child
 into talking in a private chatroom/game where they will be **isolated**
 The child will often be asked for a **non-sexual** picture of themselves

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Online grooming: The five stages

2

Forming a relationship

Gaining information
 asking the child what problems /needs they have to create the illusion of being their **best friend** and that they can help
 They begin to fill **the needs of the child**

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Online grooming: The five stages

3

Risk assessment

Asking the child about **the location of their computer/tablet and who else has access to it**
 in order to assess the risk of being detected. The desire is to **create situations where they are alone together**
 to help reinforce a **special connection**

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Online grooming: The five stages

4

Exclusivity

Building up a sense of **mutual love and trust with the child**
 suggesting that they can discuss **"anything"**

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Online grooming: The five stages

5

Sex talk

Engaging the child in **explicit conversations & requesting sexually explicit pictures from them**
 At this stage the predator will usually try to **arrange a meeting with the child**

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91% of children aged 2 - 17 play video games

Parents don't see these devices as 'computers', and children don't see gaming as an issue ie. Sharing **personal information**



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BBC NEWS ESSEX

12 January 2015. Last updated at 16:20

Breck Bednar murder: Lewis Daynes sentenced to life in prison



The victim's family described reports on how Lewis Daynes told Breck Oudiz.

A teenager has been sentenced to life in prison for the murder of a 14-year-old boy he met through online gaming.

CHICHESTER Magistrate Glenn Edwards, 19, will serve a minimum term of 20 years for fatally stabbing Breck Bednar in February 2014.

Chichester Crown Court heard he lured the teenager, who died in Surrey, to his flat in Groppe, Exton, after months of talking online.

The murder had a sexual motive, the court heard.

Addressing Daynes, of Roseberry Road, Exton, Mrs Justice Cullum said: "Reading about the young victim in your flat, you murdered him."

How had someone that was a member of other adolescent forums through to online gaming?

"It is clear that his murder was driven by sexual or social motivation."

Related Stories

- Child's mother files manslaughter charge
- Child's mother files manslaughter charge
- Child's mother files manslaughter charge

MailOnline News

Head teachers to report parents to police and social services if they let their children play Grand Theft Auto or Call of Duty

- Letter sent to parents warning about children playing computer games
- It says 18+ games can expose children to too much violence and sex
- North's Education Partnership said allowing children to play these games, such as Call of Duty, is 'hugely' and puts them at risk
- It warns that teachers will contact police or social services if they are made aware children have been exposed to these violent video games



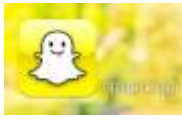
Very strong violence
Frequent strong/very strong language
Strong portrayal of sexual activity
Scenes of strong sexual violence
Strong horror
Strong blood and gore
Real sex
Drug taking
Discriminatory language or behaviour

18

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Children who post or send indecent images of themselves online are very easily blackmailed / exploited - as young as eight years old

40%
13-18 yr olds admitted to **SEXTING**



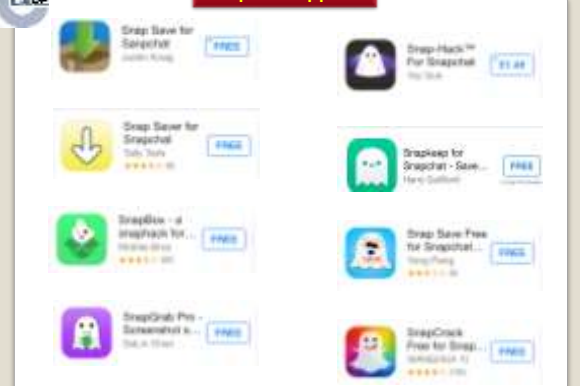
60%
13-18 yr olds admitted to **seeing images of others**

'Kids 'sext' to....show off, to entice someone, to show interest in someone, or to prove commitment.'

By creating, sending or possessing indecent pictures of a person **under 18** you are **breaking the law.**
 (Protection of Children Act 1978 / Criminal Justice Act 1988)

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Snapchat Apps....



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cyberbullying

Cyberbullying is when someone bullies others over the internet or on a mobile phone by sending abusive emails or texts directly or by posting nasty comments or humiliating images for others to see. Like any form of bullying, cyberbullying can be terrible for the children involved and hard for them to talk about.

- 24 hours a day, 7 days a week, 365 days a year
- No safe place, hard to escape
- Doesn't empathise with victim
- Bully can be anonymous
- Easily shared with an audience and has the ability to go viral in seconds

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cyberbullying

Tips for Dealing with CYBERBULLYING

- Report
- Save the evidence
- Try not to respond
- Block the Bully
- Be aware of what you share
- S-Start
- T-Telling
- O-Other
- P-People

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cyberbullying

What should I do if my child is being bullied online?

- Stay calm
- Listen without judging
- Tell them you can help
- Praise them for talking to you
- Keep the evidence
- Block the bullies
- Ask them not to reply

Report information to your child's school.

Language Children Use Online..



- ASL** 'Age, Sex, Location'
- POS or MOS** 'Parent over Shoulder' or 'Mum over Shoulder'
- IRL or LMIRL** 'In Real Life' or 'Let's Meet in Real Life'

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Making things safer....




These will allow you to prevent children from accessing certain sites - but they are not a completely full-proof system

Making things safer....




TalkTalk MobileSafe™
protects you, your phone and your family for free



Parental controls for tablets / smartphones are available too - as always, try them and see which works best for you and your family

Making things safer....



The screenshot shows the 'SafeSearch filters' section with a blue arrow pointing to the 'Filter explicit results' checkbox, which is currently unchecked.

Making things safer....



The screenshot shows the YouTube 'Safety preferences' page. It includes two steps: 'Step 1 - Go to safety preferences' and 'Step 2 - Turn Safety Mode 'on' or 'off''. A blue arrow points to the 'Safety Mode' dropdown menu.

Xbox 360

Set a Console Safety Passcode

- 1 Go to 'Settings' and select 'Family'.
- 2 Set 'Console Safety' to 'On' and you'll be asked to enter a four-digit passcode via the controller.
- 3 Save and exit.

Restrict games

- 1 Go to 'Settings', then select 'Family'.
- 2 Click 'Ratings and Content'.
- 3 Set the game rating of your choice: Early Childhood, Everyone, Everyone 10+, Teen, Mature, Adults-Only.
- 4 Save and exit.

Set a Family Timer

- 1 Go to 'Settings' then select 'Family'.
- 2 Set 'Console Safety' to 'On' and enter your passcode.
- 3 Toggle 'Family Timer' to 'Daily' or 'Weekly'.
- 4 Use the left stick to select a time period.
- 5 Select 'Continue', then save and exit.
- 6 The console warns players when they're coming to the end of their allowed time.



PlayStation

Restrict game content

- 1 Go to 'Settings' then scroll to 'Security Settings'.
- 2 The default password is 0000 but you can change this under the 'Change Password' option by following the on-screen instructions.
- 3 Select 'Parental Controls', enter your password.
- 4 You can now choose the game content you're comfortable letting your family access. The lower the number, the stricter the settings:
 - 2 - Early Childhood
 - 3 - Everyone
 - 4 - Everyone 10 and up
 - 5 - Teen
 - 9 - Mature
 - 10 - Adults Only
- 5 From 'Parental Controls' you can also block access to online play by toggling 'Internet Browser Start Control' to 'On'.



Simple checklist for parents:

I have visited www.thinkuknow.co.uk with my child (I have bookmarked the CEOP website and told my child what is there)

Open and honest dialogue - show an interest and learn about what your child does online

Phone chargers / Wi-Fi - staying in control!

Advertise yourself as one of the people your child can turn to - without being chastised...

Education is better than saying to your child "you are not doing this anymore..."

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