

PSHE, Cycle B, 2024 – 2025

	Autumn	Spring	Summer
N/R	Me and my relationships - Reception Unit Valuing Difference – Reception Unit	Keeping Safe - Reception Unit Rights and Respect – Reception Unit	Being my best – Reception unit Growing and changing – Reception Unit
1-2	Me and my relationships – Year 2 Unit Valuing Difference – Year 2 Unit	Keeping Safe – Year 2 Unit Rights and Respect – Year 2 Unit	Being my best – Year 2 Unit Growing and changing – Year 2 Unit
2-3	Me and my relationships – Year 3 Unit Valuing Difference – Year 3 Unit	Keeping Safe – Year 3 Unit Rights and Respect – Year 3 Unit	Being my best – Year 3 Unit Growing and changing – Year 3 Unit
4-5	Me and my relationships – Year 5 Unit Valuing Difference – Year 5 Unit	Keeping Safe – Year 5 Unit Rights and Respect – Year 5 Unit	Being my best – Year 5 Unit Growing and changing – Year 5 Unit
5-6	Me and My relationships Valuing Difference – ‘Diverse Britain’ unit	Keeping Safe – ‘Safety First’ Unit Rights and respect	Being my best (wellbeing) - Well being unit Growing and changing – ‘Growing up’ Unit